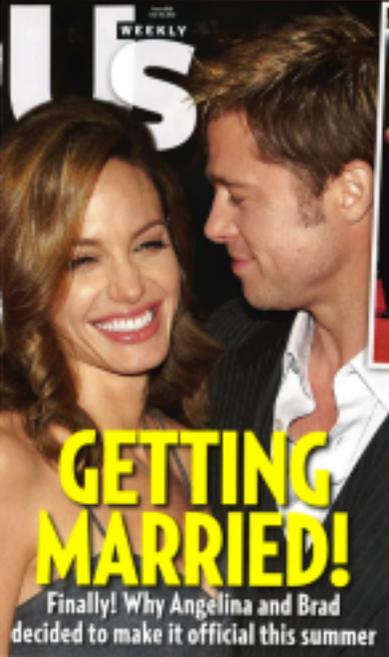


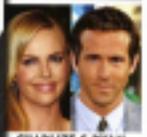
BACHELOR BRAD: I WANT EMILY BACK!



GETTING MARRIED!
Finally! Why Angelina and Brad decided to make it official this summer



INSIDE THE ROYAL VISIT
ALL THE PHOTOS



CHARLIZE & RYAN
Secretly Dating!

THIS MINUTE
YOU WANT TO KNOW ABOUT...

HOT BOOT CAMP WORKOUTS!

Drop pounds on the double by using stank-top military-style classes

BABY'S BOOTCAMP
Kickboxing, Binyamin and Kaitlin O'Connell
Light Cardio and L.A. core class, which is now available in NYC
Binyamin and Kaitlin O'Connell
To ensure metabolism and lower body fat, kickboxing. Any 30-minute combination of cardio-based workouts and circuit strength training.

CRONCH'S MOTIVATION
Inspired by Kelly Rowland, this is a full-on "Motivation" class. All-inclusive bootcamp session at **Charlie's** (Therapy, Cardio) in rock, swing, or house. Step-step-over-the-top jumps and large hip-to-hip exercises.

PURE YOGA'S SECRET'S BOOTCAMP
This 30-minute class, led by **Beate** (Halle Berry, Kelly Rowland, Penelope Cruz) is a mix of cardio and strength training (aka plank) and yoga (aka vinyasa).

46 | JULY 23, 2011